

Issue no-2
MAY 2018

Kaleidoscope

Newsletter of the Counselling Psychology Section

Canadian Psychological Association



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Kaleidoscope focuses on teaching, scholarship and practice for Counselling Psychologists and graduate students in training. We're proud to offer quarterly newsletters and an active new blog site to our membership and hope that you will feel inspired to give us your feedback and become even more involved with our growing community.

www.cpacounselling.wordpress.com

CHAIR UPDATE

ANUSHA KASSAN

Hello everyone!

I trust that spring has sprung in your part of the country... It was a long and hard winter in Calgary, which allowed for a lot of time to work on many of the Section's initiatives. We are pleased to share the spring issue of Kaleidoscope, in which you will find a) program highlights from the International Congress of Applied Psychology (ICAP), b) our Internship Series – featuring the Pre-Doctoral Internship in Profession Psychology at the University of British Columbia, c) a student initiative at the University of Calgary, and d) updates from our executive committee members. Moreover, I would also like to share some information items about the Section's terms of reference and executive committee, ICAP, an upcoming CPA site visitor training, and the 2018 CCPC. We hope you enjoy perusing this issue of Kaleidoscope. Thank you to all of those who contributed!

Over the past two years, the executive committee has been working to revise the Section's terms of reference to reflect the roles that each member fulfills. You may recall that these terms of reference were approved by our membership at the Annual General Meeting in Toronto last year. However, they have yet to be approved by the CPA Board of Governors, because they are in the process of revising their template for Section terms of reference. Since we have been operating from our revised terms of reference as a Section and they have been approved by the membership, we have decided to publish them on our webpage. In this document, you will find a detailed description of the Section's role along with that of each position on the executive committee – four of which have vacancies coming up. The Section is currently in need of a Chair-Elect, Member-at-Large (review coordinator), Secretary-Treasurer, and Student Representative. If you are interested in any of these roles, please do not hesitate to get in touch with me! If you would like more information about any of the positions, I am always available for questions. You can also review the terms of reference document posted on the Sections website.



Moving onto ICAP..

only six-weeks away! You will notice in the highlights below that the ICAP program is extensive, with multiple appealing sessions throughout the Congress. The Section is supporting two pre-congress workshops and co-sponsoring two talks. Also, make sure to catch our Section Featured Speaker – Dr. Nancy Arthur – who will discuss social justice in counselling psychology. Like much of the Section programming, her talk will take place on Wednesday June 26th, 2108. New this year, we have implement an initiative to support students attending the annual convention and AGM. Make sure to check out the details below. I hope to see you in my hometown of Montreal very soon!

For those of you in the Calgary area, you may be interested to know that members of the CPA Accreditation Panel will be offering a site visitor training at the University of Calgary. It will take place on Thursday May 17th, 2018 at 9am. This training is a great

Chair Update continued

opportunity to get to know the ins and outs of accreditation. Moreover, it offers the possibility of serving as a site visitor. This training is open to any interested CPA member, including doctoral students, and space is limited.

Please let me know if you would like to join us!

2018 CCPC

It is very exciting that the Canadian Counselling Psychology Conference (2018 CCPC) is only six months away! We received an overwhelming number of conference submissions and could not be more pleased. Having peeked at the abstracts, I can guarantee that the program will be varied and dynamic. Relatedly, we would like to thank everyone who so generously offered their time and reviewed submissions for the 2018 CCPC. Your service to the Section and the event is greatly appreciated! Given the interest we received, we reserved more space within the conference center to accommodate more attendees. We also added a seventh working group – Canadian Counselling Psychology in an International Context. This is an excited development!

The registration system for the 2018 CCPC is now open!

<https://werklund.ucalgary.ca/node/4409>

and general information about the conference can be found here: <http://www.werklund.ucalgary.ca/ccpc>

Space is limited, so please act quickly! We have worked to keep the cost of the event down – \$250 for professionals and \$100 for students (plus 5% GST) – which includes meals and refreshments throughout the event. When registering, you will be asked to select your preferred choices for our working groups. You will have seven options to choose from, including (1) Student advocacy in Canadian Counselling Psychology, (2) The future of Counselling Psychology educa-

tion and training in Canada, (3) Foregrounding clinical practice and clinical supervision within Canadian Counselling Psychology, (4) The responsibility of Canadian Counselling Psychology to reach systems, organizations, and policy makers, (5) The role of Canadian Counselling Psychology in advocating for the needs of underrepresented groups, (6) Responding to the TRC in Canadian Counselling Psychology, and (7) Canadian Counselling Psychology in an International Context.

Information regarding hotel reservations can be found via the 2018 CCPC website. The Alma hotel, which is located on campus, steps away from the conference venue, is ready to take your reservation and accommodate any needs you may have.

http://www.werklund.ucalgary.ca/ccpc#quickset-field_collection_quicktabs_7

In closing, I would like to express a heartfelt thank you to everyone who has been volunteering on various aspects of conference planning. It is these collective efforts that are sure to make the event a success! Looking forward to seeing many of you in Calgary in October!

Warmly,
Anusha

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Executive Update



Dear Student Affiliates,

It is with both sadness and deep appreciation that I say my goodbyes to the student members of the CPA Counselling Psychology Section. I have greatly enjoyed my time serving as the student representative for the past two years. I have had the privilege of being involved with some exciting projects that our Section undertook and met some extraordinary individuals along the way. As mentioned in the last issue, my departure from this role presents an exciting opportunity for a new student representative to step into this rewarding position and bring their unique, passionate perspective to the Executive. I would be more than happy to speak with anyone who might be interested in applying for the student representative position. Send me an email tmjubenv@ucalgary.ca if you have any questions.

I would like to take this opportunity to thank the rest of the Executive who were incredibly kind, supportive, and hard working. Thank you for sharing your passion for the field of Counselling Psychology and your continual efforts to enhance our Section. Spending the past two years working with you all has been incredibly reward-

ing and fun! I am also thankful to the student affiliates of the CPA Counselling Psychology Section who have taken the time to connect with me about your ideas and initiatives, and those who just reached out to say hi. I hope that you stay involved and continue to offer your perspectives and ideas with future student representatives. I would also like to thank the students who took the time to take part in our Internship Series. Your experience and insights are an invaluable resource for those students looking to apply to a counselling internship during their doctoral year.

As the spring marches on, we are getting closer to congregating in Montreal for ICAP. I look forward to meeting new student affiliates and re-connecting with existing affiliates. One of the initiatives that we as an Executive have been working on is to try and offset some of the financial burden for students to attend an international conference. This year, we are excited to share that we have made room in our budget to provide up to 3 students with a \$200 travel award. And the best part? It's easy to apply! All you have to do is ensure you are registered as a Student Affiliate with the CPA Counselling Psychology Section and attend our Annual Meeting at ICAP (see program for details) for a chance to win! While winning some extra cash is a nice incentive to attending the Section Meeting, we hope that this will also be an opportunity for increased student involvement with our Section. Looking forward to seeing you all there! Farewell for now,

Theresa Jubenville-Wood

Theresa Jubenville
STUDENT REPRESENTATIVE

Executive Update

Hi Everyone,

As the Spring flood waters recede from Fredericton this week, I find myself thinking of chaos and change, and how sometimes we grow the most during times of transition, both planned and unplanned. This is my final newsletter update for the Section on Counselling Psychology: My term of office ends next month at our Section Annual Meeting, where we will (hopefully) be voting in a new Secretary-Treasurer. As I reflect on the work that my fellow Section Exec. members have accomplished over the past two years, I am very pleased with what we have accomplished.

The thing that has excited me the most is the ongoing preparation for the 2018 Canadian Counselling Psychology Conference coming up in October. After a slow start, we ended up with a very large number of submissions, which required us to add nine additional symposium session spots to the program. And still we were not able to accept all the excellent submissions. We have also added seventh working group. Anyway, it is shaping up to be an excellent conference and, with a limit on the number of attendees who can fit into the venue, the conference may actually end up being sold out!

We have also implemented numerous other policies and initiatives to better meet the needs of our members. We continue to actively promote and encourage counselling psychology sessions at our annual conference. For example, at this year's conference we have partnered with other Sections to bring various speakers to the conference. Another ongoing section activity is the process of reviewing submissions for Section awards, including outstanding master's thesis, outstanding doctoral dissertation, and outstanding conference poster presentation. Our Awards Coordinator, Dr. Martha Chamodraka, is working the awards process right now, and (depending on when this issue is published) it's not too late to make a submission for these awards. We have initiated a program to make it easier for Student Affiliates of the Section to trav-

el to our conference to attend the Section Annual Meeting, which Theresa Jubenville describes in more detail in her Student Representative update. At last year's Annual Meeting, we ratified an updated version of our Terms of Reference that has clarified and improved the way that our Section is run. We are also working with student volunteers to update the Section archives, which are available for everyone to review on our Section's web-site and provides some interesting insights into the history of the section, and of how Counselling Psychology has evolved in Canada over the past 50 years or so. And Kaleidoscope has continued to flourish and serve as an important source of information for the members, under the outstanding Editorship of Dr. Janet Miller. Throughout all of these activities, we have managed to maintain the Section finances at a steady level (taking into account the money that the Section membership had previously approved to fund the 2018 CCPC).

As my time as Secretary-Treasurer draws to an end, I wanted to take a moment to thank my fellow members of the Section Executive for all the work that they have done in serving the Section membership. Every one of them has given substantial amounts of time and energy to the Section and broader profession of Counselling Psychology in Canada, despite the fact that we have been working short-handed over the past year. I particularly wanted to express my gratitude to Dr. Anusha Kassin, whose leadership and vision for the section has been exemplary. Under her leadership, we have seen the Section shift from one with a shrinking membership from year to year, to one that is growing again. Moreover, she was supposed to transition from Chair to Past-Chair last June, but has spent an extra year as Chair when nobody stood for election to the position. I am hoping that there will be sufficient new members standing for election this year to bring us back to a full complement of Executive members, even though I won't be part of it. Nonetheless, it has been wonderful working with all the dedicated members of the Executive with whom I have served with over the past two years.

With thanks,

José

José Domene, PhD., LPsych, RCT

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José Domene
SECRETARY-TREASURER

José Domene in downtown Fredericton, May 2, 2018

Photo by Melanie Domene. Used with permission.



JOIN OUR EXECUTIVE 2018/19

Don't stand alone.

Join us on the 2018/19 Executive board of the **Counselling Psychology Section!**

Our CPA Counselling Section has several Executive positions coming up for elections this year: Student Representative, Chair-Elect, Secretary-Treasurer, and Member-at-Large (Review Coordinator). Details can be found at this link:

<https://www.cpa.ca/aboutcpa/cpasections/counsellingpsychology/counsellingsectionbusiness>

Nominations (including self-nominations, which are the norm) are preferred by June 01, 2018 but are welcome up until the start of Section's Annual Business Meeting at the CPA/ICAP conference. Elections will take place at the meeting; attendance at the meeting is preferred but not required for nominees.

STUDENT AWARDS

The Counselling Psychology Section of CPA offers awards annually for outstanding student research in the field of counselling psychology, and include a monetary prize (\$100).

DEADLINE - JUNE 01, 2018

BEST THESIS/DISSERTATION final call for nominations!

The Best Master's Thesis and Doctoral Dissertation Awards are given for outstanding research by students from Canadian Counselling Psychology programs. The following is required to be considered for these awards:

- 1) A ten-page summary of the thesis/dissertation, written by the student
Please note: (a) Document must be double spaced, 12 point font, 1 inch margins. (b) Tables and figures must be integrated into the document, not attached as appendices, and (c) Title page and references do not count against the page limit.
- 2) Nomination letter
Nominating individual must be a member of the Counselling Psychology Section.

A student's research can only be nominated once for each award. The research must have been successfully defended within 2 years prior to the annual award submission date. Submissions will be evaluated for: (a) contribution to knowledge and understanding in counselling psychology, (b) originality, (c) quality of the research, as evidenced by (i) clear and compelling statement of research problem/question, (ii) appropriate methodology and methods, (iii) findings/results that are clear and show evidence of rigor, (iv) compelling and well-grounded conclusions and implications, and (v) discussion of limitations, and (d) quality of the writing.

The nominator should submit the 10 page summary and nomination letter to Dr. Martha Chamodraka at martha.chamodraka@mcgill.ca by June 01, 2018. Awards will be announced at the International Congress for Applied Psychology (ICAP) in Montreal, QC, during the Counselling Psychology Section AGM. If you are not attending the convention, winners will be emailed after the convention.

BEST POSTER AWARDS

The Best Master's Conference Poster Award and the Best Doctoral Conference Poster Award will be given for outstanding research projects conducted by graduate students. Posters will be evaluated for quality and relevance of content, as well as the student's engagement with the audience. Students do not need to be a member of the Counselling Psychology Section to be eligible for these awards. The amount of each award is \$100.

All students who have been accepted to present their poster at this year's conference have been made aware that their poster will automatically be considered for either the Best Master's Poster or the Best Doctoral Poster (the option of opting out was provided).

REMINDER:

Candidates are to be next to their posters during the scheduled poster session of the convention. There will be 3 or 4 reviewers who will do a preliminary review of the posters. This year, each reviewer will review a specific number of posters (as opposed to all) in order to allow for more time to engage with the candidates on their list. No two reviewers will adjudicate the same poster. After the conference, reviewers will submit their top selections to the Executive Committee, leading to a short list of candidates. The short-listed candidates will then be asked to submit an electronic copy of their poster for final review by the Member at Large: Awards, in consultation with the rest of the Executive Committee.

The winners will be given the opportunity to have an abstract of their work included in the next issue of the counselling psychology newsletter, Kaleidoscope.

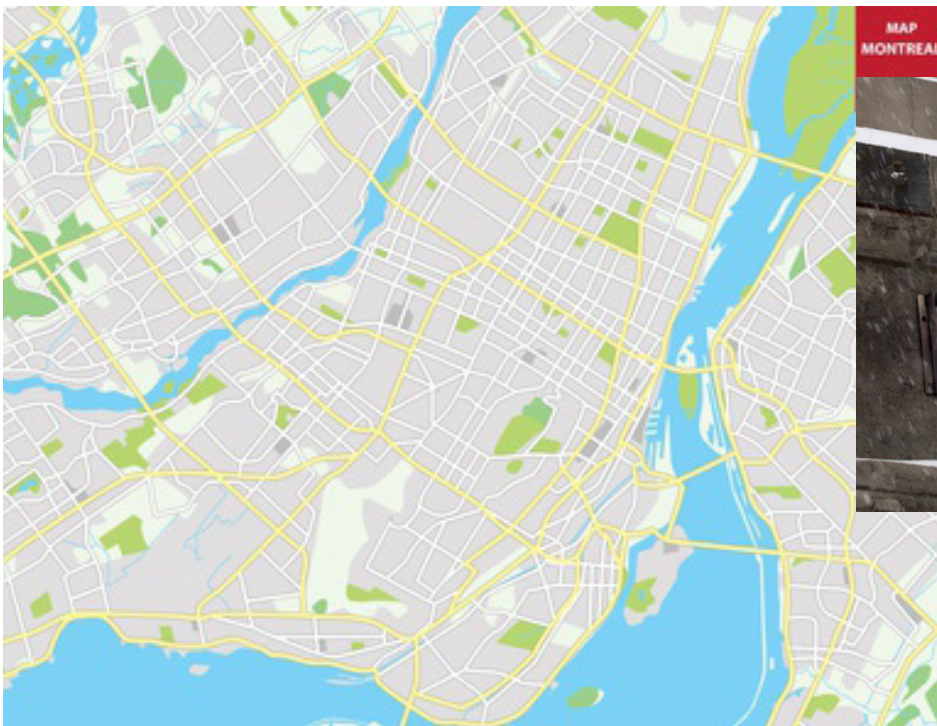


For more information,
please email our Awards Coordinator

Martha Chamodraka, PhD. OPQ (Psychologist)
Wellness Consultant - Academic Associate the
WELL Office, Faculty of Medicine,
McGill University
martha.chamodraka@mcgill.ca

Martha Chamodraka
Awards Coordinator

ICAP 2018 - International Congress of Applied Psychology

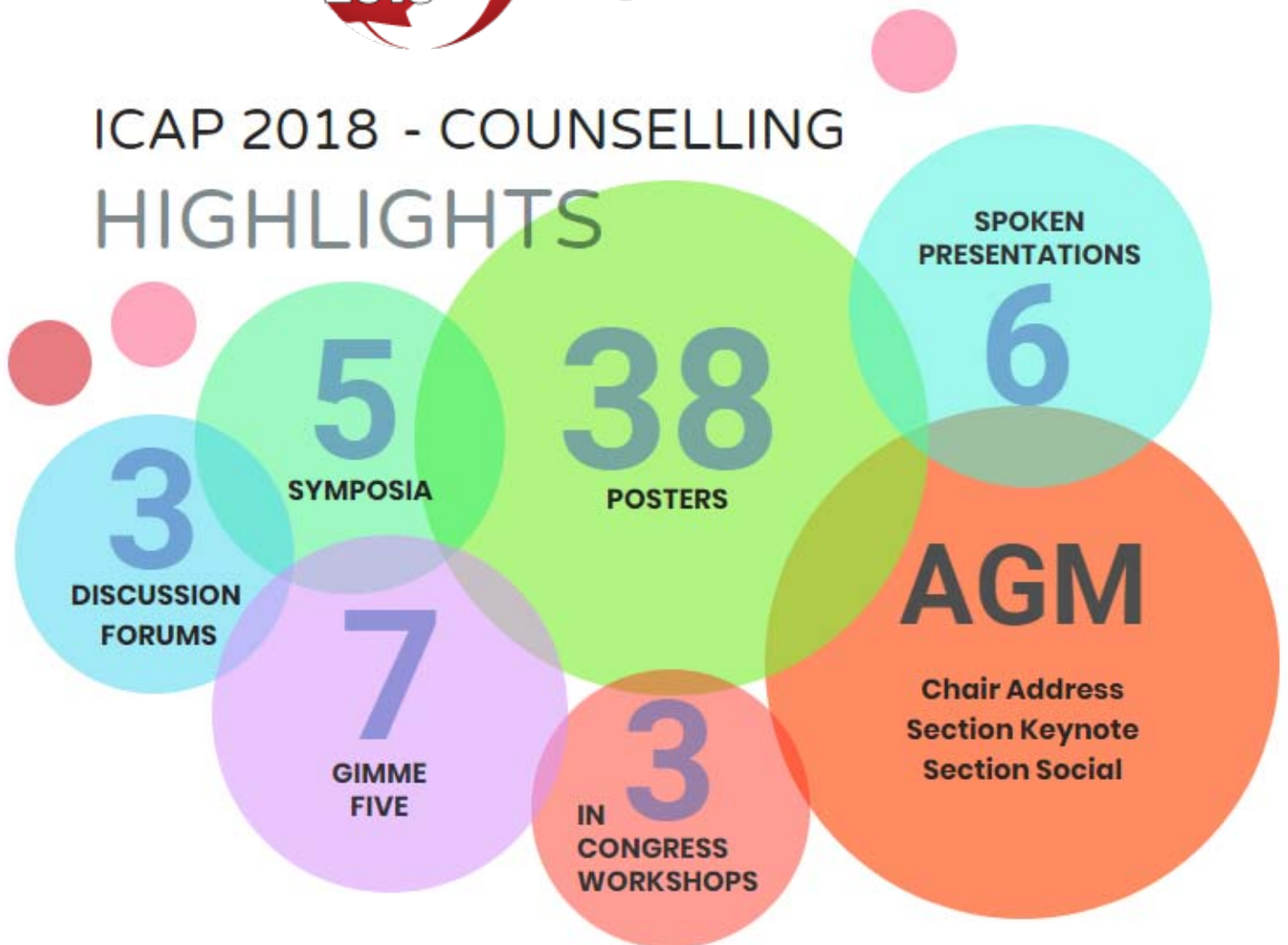


JUNE 26-30
29th International Congress
of Applied Psychology
MONTREAL

ICAP 2018 SECTION OVERVIEW



ICAP 2018 - COUNSELLING HIGHLIGHTS



- FOR FULL PROGRAM INFORMATION -
<https://events.decorporate.ca/ICAP2018/abstract/event-schedule.php>

PLAN YOUR CONGRESS

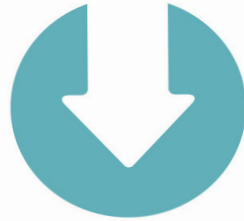
QUICK (*unofficial*) GUIDE



please join us @ ICAP 2018

COUNSELLING SECTION

TUESDAY, JUNE 26, 2018



1:45 PM - 6:00 PM

Room 511 b & e (Level 5)

SECTION CHAIR ADDRESS 1:45pm - 2:45pm

ADVOCACY IN CANADIAN COUNSELLING PSYCHOLOGY

Anusha Kasan, Chair, CPA Counselling Section

SECTION KEYNOTE ADDRESS 2:45pm - 3:45pm

RETHINKING SOCIAL JUSTICE AND COUNSELLING PSYCHOLOGY

Nancy Arthur, University of Calgary

ANNUAL GENERAL MEETING 4:00pm - 5:00pm
COUNSELLING SECTION SOCIAL 5:00pm - 6:00pm

pre-congress COUNSELLING WORKSHOPS

<http://www.icap2018.com/pre-congress-workshops>



If you are attending ICAP, you might want to register for a pre-congress workshop, to be held on June 24th and 25th, 2018.

The Section on Counselling Psychology is pleased to support the following workshops:

#2 Therapy with People Who Are Suicidal: Critical Issues (In English) (6 CE Credits)
(En Français) (6 CE Credits)

#4 Advanced Skills in Mindfulness-based Interventions: Navigating the Ethics in and of Mindfulness (6 CE Credits)

#5 Cultivating Mindfulness: Foundational Practices for Psychotherapy (3.25 CE Credits)

#12 Integrating 'Stories' and 'Scores' to Facilitate Life- and Career Construction Counselling to Individuals and in Group-Based Contexts (6 CE Credits) – on behalf of IAAP's Counselling Division



congress INVITED SYMPOSIUM



Human Action and the Future of Applied Psychology

Human action in its various iterations is the focus of many research questions and practices in psychology generally, including, for example, cognitive science and cultural psychology. The understandings generated in these and other fields of psychology have applications for areas of applied psychology. Conversely, applied psychology because of its grounding in human action can speak directly to complexity that psychology addresses. Human action represents the epitome of the theme of the congress, that is, the thriving partnership between science and practice. Presenters: Catherine Raeff, Mary Sue Richardson, Valérie Cohen-Scali, José Domene, and Ladislav Valach. Chair: Richard Young.

Tuesday, June 26, 2018

11:45 am - 1:15 pm (511 b & e, Level 5)

divisional INVITED SYMPOSIUM



Counseling Psychology: Reflecting on the Past, Envisioning the Future

Presenters: Kobus Maree (South Africa), Zhi-jin Hou (China), Fred Leong (United States), Marucia Patta Bardagi (Brazil), Mary McMahon (Australia).

Wednesday, June 27, 2018

11:15 am - 12:45 pm (511 b & e, Level 5)

congress INVITED SYMPOSIUM



Career Paths and Interventions for Decent Work in an Inclusive Society

Presenters: Leva Urbanaviciute (Switzerland), Ilaria Di Maggio (Italy), Richard Young (Canada), Rachel Gali Cinamon (Israel), Scott Solberg (United States)

Saturday, June 30, 2018

12:45 pm - 2:15 pm (511 b & e, Level 5)

congress **TUESDAY** counselling section highlights

DATE, TIME & LOCATION	TYPE	TITLE	PRESENTERES
Tuesday June 26th, 2018 @ 11:45am 516 A (level 5)	In-Congress Workshop	Person-Centered Research: An Existential- Phenomenological Approach	Mihaela Launeanu Derrick Klaassen Janelle Kwee
Tuesday June 26th, 2018 @ 1:45pm 511 B & E (Level 5)	Section Chair Address	Advocacy in Canadian Counselling Psychology	Anusha Kassan
Tuesday June 26th, 2018 @ 2:45pm 511 B & E (Level 5)	Section Keynote Address	Rethinking Social Justice and Counselling Psychology	Nancy Arthur
Tuesday June 26th, 2018 @ 4:00pm 511 B & E (Level 5)	Section on Counselling Psychology	Section AGM Annual General Meeting	Anusha Kassan José Domene Martha Chamodraka Theresa Jubenville-Wood
Tuesday June 26th, 2018 @ 5:00pm 520 A & D (Level 5)	Section on Counselling Psychology	Reception	

congress **WEDNESDAY** counselling section highlights

DATE, TIME & LOCATION	TYPE	TITLE	PRESENTERES
Wed. June 27th @ 9:00am 514 C (Level 5)	Symposium (80-minutes)	Mental Health Among University Students: Novel Insights and Intervention Pathways	Margaret Lumley
Wed. June 27th @ 10:00am 513 E (Level 5)	Congress Invited Keynote (55-minutes)	A Way Forward: Mapping a Path on Which Sport Psychology Can Travel in the 21st Century	William Parham
Wed. June 27th @ 10:00am 510 A (Level 5)	Congress Invited Keynote (55-minutes)	Sexual Violence, gender politics and #MeToo	Nicola Gavey
Wed. June 27th @ 10:15am 511 B & E (Level 5)	Spoken Presentation (15-minutes)	A Global Examination of Counselling Psychology: History, Challenges, Opportunities	Michael Di Mattia
Wed. June 27th @ 1:15pm 516 A & B (Level 5)	In-Congress Workshop (90-minutes)	Intersectionality and Social Justice: Reflecting on the Complexities of Practice Through Case Studies	Shelly Russell-Mayhew Anusha Kassan Kaori Wada Nancy Arthur
Wed. June 27th @ 2:00pm 517 B-C-D (Level 5)	Section on Counselling Psychology	Poster Session "F"	Multiple Authors (38 Posters)
Wed. June 27th @ 3:00pm 511 B & E (Level 5)	Discussion Forum (25-minutes)	Moral-Existential Suffering as Human Response and Personal Experience: Implications for Clinical Practice and Research	Mihaela Launeanu Derrick Klaassen
Wed. June 27th @ 3:30pm 511 B & E (Level 5)	Discussion Forum (25-minutes)	Beyond Body-Shame: Understanding Shame from an Embodied-Self Perspective	Chelsea Beyer Hilary Evans Daniel Meszaros Mihaela Launeanu

congress **THURSDAY MORNING** counselling section highlights

DATE, TIME & LOCATION	TYPE	TITLE	PRESENTERES
Thursday June 28th @ 9:00am 515 B (Level 5)	Discussion Forum (25-minutes)	Counselling Psychology Careers in Academia: What Attracts the Next Generation?	K. Jessica Van Vliet Rebecca Hudson Breen
517 B-C-D (Level 5) GIMME-5, Stage D	10:15am	GIMME-5 What Does the Research Say about Counselling and Psychotherapy with Punjabi Sikh Individuals?	Robinder Bedi
	10:20am	GIMME-5 How Immigrant Young People Successfully Overcome Challenges Related to Cultural Integration and Opportunity Barriers: The Role of Personal Outlook and Relational-Contextual Factors	William Borgen Deepak Matthew
	10:25am	GIMME-5 Counseling Psychologists in Medical Education: Opportunities, Challenges, and Training Implications	Nicole Borges Trish Raque-Bogdan Julia Ratchford Denver Patton Garriott
	10:30am	GIMME-5 The Beneficial Impact of Positive Compromise (PC) On Career Development Among Professional Canadian Immigrants	Toula Creighton
	10:35am	GIMME-5 A Qualitative Investigation Exploring Feelings of Incompetence Among Counselling Interns	Brad Daly
	10:40am	GIMME-5 Employing an Arts-Based Ethnographic Approach to Investigate School Integration and Increase Community Engagement Among Newcomer Youth in Canada	Anusha Kassin Suzanne Goopy Nancy Arthur
	10:45am	GIMME-5 Beating the Odds: Experiences of Youth Who Have Successfully Transition Out of Foster Care	Danae Laut Sharon Robertson
Thursday June 28th @ 11:15am 515 B (Level 5)	Symposium (80-minutes)	Career Adaptability and Workers' Career Paths: Different Approaches, Methods and Applicability	Helene Cardu (Moderator) Frederick Leong Joshua Prasad Jonas Masdonati Helene Cardu Paul Hartung

congress **THURSDAY AFTERNOON** counselling section highlights

DATE, TIME & LOCATION	TYPE	TITLE	PRESENTERES
Thursday June 28th @ 1:15pm 515 B (Level 5)	Spoken Presentation (15-minutes)	Elaborating Career Human Agency Theory	Charles P. Chen
Thursday June 28th @ 4:15pm 515 B (Level 5)	Spoken Presentation (15-minutes)	Differential Associations between Religious Involvement and Mental Health in Latino and Asian Americans Subgroups	Amy Ai Henry Caretta
Thursday June 28th @ 4:30pm 515 B (Level 5)	Spoken Presentation (15-minutes)	Emergent Adults' Conceptualizations of Citizenship in a Post-Secondary Context	Janet Miller Randy Connolly Alex Connolly Danielle Turgeon Kathleen O'Reilly
Thursday June 28th @ 4:45pm 515 B (Level 5)	Spoken Presentation (15-minutes)	Flourishing and Career Health: Understanding Intersections with Employment, Mental Health, and Decent Work	Anna-Lisa Ciccocioppo Janet Miller Sonya Flessati

**please remember to check the congress schedule
for official times, dates & locations**

www.icap2018.com

congress **FRIDAY** counselling section highlights

DATE, TIME & LOCATION	TYPE	TITLE	PRESENTERES
Friday June 29th @ 9:00am 513 E (Level 5)	Symposium (80-minutes)	Hope and Human Change, Growth, and Development	Denise Larsen (Moderator) William Whelton Avivit Cherrington Kristine Laboni Rachel King
Friday June 29th @ 9:00am 512 A & B (Level 5)	Symposium (80-minutes)	Practice Beyond Principle: Reflections of Social Justice in Community Engaged Applied Psychological Practice with Indigenous, War-Affected, Queer Refugee, Stigmatized, and Cancer Populations - Canada-Australia Collaboration	Masahiro Minami (Moderator) John Mercer Sharalyn Jordan Patricia Nitkin Alanaise Goodwill
Friday June 29th @ 10:30am 512 A & B (Level 5)	Spoken Presentation (15-minutes)	A qualitative method for the exploration of personal and professional identities in career intervention	Philippe Jacquin Jenny Beaulieu
Friday June 29th @ 10:45am 512 A & B (Level 5)	Spoken Presentation (15-minutes)	A Mixed-Evaluation Method for Individual and Group Career Intervention	Philippe Jacquin Marcelline Bangali Jenny Beaulieu
Friday June 29th @ 1:15pm 513 F (Level 5)	Symposium (80-minutes)	Stepped Care 2.0: A model for improving mental health service access and psychological outcomes for Canadians	Peter Cornish (Moderator) Josh Rash Annmarie Churchill Brad Yetman Lisa Moores

TRAVEL AWARD

CPA Counselling Psychology Student Awards

This year, we will have a draw for three \$200 Section student travel awards, to help students to attend the Counselling Psychology Section Annual Meeting at ICAP.

Qualifications:

1. Be a Student Affiliate of the Section on Counselling Psychology (note that this is different from being a student member of CPA).

2. Attend the Section Annual Meeting
(4:00pm – 5:00pm, Tuesday June 26, 2018, room 511 b & e)

You can enter the draw at the Annual Meeting itself.

LAST CALL DISTINGUISHED MEMBER AWARD

Nominations Deadline - June 01, 2018

The Counselling Psychology Section Executive is seeking nominations for the 2018 Distinguished Member Award. The award is intended to recognize individuals who have made significant contributions to the field as a practitioner or as a researcher. Nominees must be a member of CPA Section 24 and, preferably, will have been active in the profession for at least 10 years.

Nominees should have made a distinguished contribution in one or more of the following ways:

(1) Outstanding counselling psychology service; (2) Scholarly research that has moved the profession of counselling psychology forward; (3) Development of practice materials that have contributed to the provision of counselling psychology service by others; (4) Outstanding service to professional associations, in particular to the CPA Counselling Psychology Section. Other factors that will be considered are the depth and breadth of the influence of the nominee's work on the profession of counselling psychology (i.e., is it moving the profession forward; how many people have been affected by the work).

Nominators should provide a rationale for nominating the individual for the award, as well as supporting information (e.g., a current CV, detailed descriptions of the nominee's work, samples of the work, independent evaluations of the work, letters of support from colleagues, students and/or clients; description of positions held and /or service contributions). Please send nominations for the award to:

Martha Chamodraka - martha.chamodraka@mcgill.ca

CONGRATULATIONS!

Dr. William Borgen

CPA Elected Fellow 2018

Dr. William (Bill) Borgen has made exceptional contributions to professional psychology, both nationally and internationally. Over the past 40 years, he has played an active role in shaping the development of vocational psychology and career counselling. These efforts have positively impacted the field of psychology as a whole as well as the sub-disciplines of counselling psychology and counsellor education. In making these advancements, Dr. Borgen has taken on multiple leader roles, in Canada and abroad. Noteworthy, he has been a member of Canadian Psychological Association for a number of years, and a strong supporter of the accreditation or doctoral programs in counselling psychology.

Please join Dr. Borgen at ICAP 2018 - Thursday, June 28, 2018
10:20 am - Counselling Psychology Session #28
517 b-c-d (Level 5) - Gimme-5 Stage D

How Immigrant Young People Successfully Overcome Challenges
Related to Cultural Integration and Opportunity Barriers:
The Role of Personal Outlook and Relational-Contextual Factors

research opportunity



WERKLUND SCHOOL OF EDUCATION

2500 University Drive NW
Calgary, AB, Canada T2N 1N4
werklund.ucalgary.ca

Recruitment Letter

RE: Participant Recruitment – Teaching and Learning about Social Justice

Dear graduate students in Counselling Psychology program,

We are researchers in Educational Studies in Counselling Psychology program in the Werklund School of Education at the University of Calgary. We are presently conducting a study entitled: *How are we making a difference out there? Teaching and learning about social justice through practicum education*. This study has been approved by the University of Calgary, Conjoint Faculties Research Ethics Board [REB15-1788].

The goal of this study is to investigate the experiences of counselling psychology students in the development of multicultural counselling and social justice competencies. In order to achieve this goal, graduate students in counselling psychology completing a practicum will be asked to share their perspectives.

Accordingly, we would like to invite you to take part in this study. Participation includes filling out a consent form, a demographics questionnaire, and a one-hour one-on-one interview. The qualitative interview will be digitally recorded for the purpose of transcription and data analysis. Individuals who partake in this study will be offered a \$25 honorarium (in the form of a gift card).

Participation in this study is completely voluntary and has no bearing on your relationship with your program, the Werklund School of Education, the University of Calgary, or the researchers conducting this research. Moreover, participation has no bearing on the supervisor-supervisee relationship. Your decision to participate (or not) will be kept strictly confidential.

We hope that this study will make a significant contribution to the field of education, ultimately helping counselling students and their supervisors in the development of culture-infused and socially-just counselling. If you have any questions about this study, please do not hesitate to contact either one of us, using the contact information below.

Sincerely,

Dr. Anusha Kassan, Assistant Professor
403.220.6506 / anusha.kassan@ucalgary.ca

Helia Jafari, M.Sc., M.A., C.C.C.
PhD Candidate / tlstudy2015@gmail.com

FEATURED SERIES

It is our pleasure to continue this internship series profiling Counselling Psychology pre-doctoral internship sites from across Canada.

Each internship opportunity profiled in Kaleidoscope includes reflections from both an intern and a site supervisor, faculty or staff member. Past sites featured include:

January 2018
London Clinical
Psychology Residency
Consortium

May 2017
Student Counselling
University of Manitoba

and

February 2017
Doctoral Professional
Psychology Residency
Programme



In this edition, we are pleased to bring you a dual-intern perspective alongside the Internship Director at the [University of British Columbia's Counselling Services](#).

INTERNSHIP

PROFILE

PRE-DOCTORAL INTERNSHIP PROGRAM

COUNSELLING SERVICES

@

UNIVERSITY OF BRITISH COLUMBIA

INTERNS' PERSPECTIVE

JON WOODEND & FRED CHOU

Psychology Interns
University of British Columbia

Fred Chou (FC) and Jon Woodend (JW) are both completing their doctoral internships at UBC's Counselling Services. Our interview alternates between them to explore their diverse perspectives.

WHAT DO YOU THINK MAKES THIS INTERNSHIP PROGRAM SPECIAL?

(FC) - There are two things that stand out immediately for me, the ethos of UBC Counselling Services (UBC CS) and the city of Vancouver. I have come to really appreciate the culture of UBC CS during my time in this internship. There is an emphasis on providing quality care and support not only for students, but to the interns and practicum students alike. When I first started the internship, UBC CS was in the midst of implementing a new Collaborative Stepped Care model with a designated team (Wellness Advisors) to triage students to appropriate resources. This system created more space for us interns to be more intentional in treatment and resolution of student concerns. I have also come to appreciate the systemic boundaries set in place as it creates space for self-care as an intern. As a doctoral student, I have become accustomed to constantly engaging in work, but the established lunch hours and administrative time has really allowed me to slow down and engage in more reflective practice. I find this internship really provides an optimal amount of rigour and rest to engage in personal and professional growth.

The second thing is Vancouver. Vancouver, specifically UBC, is on the traditional, ancestral, and unceded territory of the

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INTERNSHIP

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Jon Woodend & Fred Chou
UBC Counselling Service Interns

Coast Salish Peoples, including the territories of the $\text{xw}\text{m}\text{\textasciicircum}\text{a}\text{\textasciicircum}\text{k}\text{w}\text{\textasciicircum}\text{y}\text{\textasciicircum}\text{a}\text{\textasciicircum}\text{m}$ (Musqueam), $\text{Skwx}\text{w}\text{\textasciicircum}\text{u}\text{\textasciicircum}\text{7}\text{m}\text{e}\text{s}\text{h}$ (Squamish), $\text{St}\text{\textasciicircum}\text{o}\text{:}\text{l}\text{\textasciicircum}\text{o}$ and $\text{S}\text{\textasciicircum}\text{a}\text{\textasciicircum}\text{l}\text{i}\text{l}\text{w}\text{\textasciicircum}\text{a}\text{\textasciicircum}\text{?}$ / Selilwitulh (Tseil-Waututh) Nations. I have had the privilege to be a visitor of these lands for a number of years as I have been doing my doctoral studies at UBC, but still the place continues to amaze me. From stepping outside the office and seeing the majestic ocean and mountains to the boundless opportunities to explore food, there is something quite incredible about the place. The place itself definitely helps with the self-care side of things!

HOW HAVE YOU FOUND THE ROLE OF THE INTERN AT YOUR SITE?

(FC) - I have found my role as an intern to be multifaceted. There are multiple identities that I take on—counsellor, supervisee, supervisor, consultant, and colleague. It is an environment where you are shifting identities and constantly kept on your toes to think through clinical issues in a thoughtful and considerate way. I think this can be attributed to the generalist training model. I find that there are lots of different types of presenting issues, some of which I have never come across before in my previous clinical practice. I have appreciated this generalist role as I feel that I have gotten a flavoring of all the different challenges that can be experienced at a post-secondary institution. This is the type of environment that I personally like as it challenges me to be flexible and make timely and considered decisions. Although there are some mandates that are set for interns (e.g., number of clinical hours to meet registration requirements), there have been numerous opportunities to make the role into our own. For example, we were able to help with creating revisions to some of the group programming and then to test out those changes to inform subsequent revisions.

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INTERNSHIP

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WHAT DOES A TYPICAL DAY LOOK LIKE FOR YOU?

(JW) A typical day at UBC Counselling Services starts at 9AM with a cup of tea or coffee as we look through our schedule for the day and take some time to prepare for the three to four clients we will be working with. There is also an hour of supervision received from a staff psychologist or given to a practicum counsellor, an hour or two to catch up on administrative work, and an hour for lunch.

On Thursday mornings we have staff meetings or case consultations, and professional development seminars.

Twice per week one of our client hours is reserved for walk in end-of-day emergency or urgent appointments. Finally, the workday ends at 5PM, unless we are facilitating one of the evening groups (stress, mood or anxiety management) then one day a week we finish at 6:30PM. Overall, it makes for productive days with a variety of activities that can pass by quite quickly.

WHAT TYPE OF TRAINING/EXPERIENCE DO YOU RECEIVE IN THE AREA OF MULTICULTURAL COUNSELLING, DIVERSITY, AND SOCIAL JUSTICE?

(FC) Every week we take part in what is called TCC's (Training Case Conferences). Part of TCC's are to engage in group supervision and also specific topics, such as art therapy or working with specific populations. Through TCC's we have been able to receive training on diversity and working with international students. Along with the TCC's are also some more formalized events.

As an intern/practicum team, we have received training from Positive Space at UBC which focused on creating a welcoming and inclusive environment for people of all sexual orientations and gender identities.

Furthermore, in the spirit of social justice, we have also had the opportunity to engage in learning about collaborative care models and working together as a larger UBC community.

(JW) In addition to the structure training, there are also different counsellors at the centre who have a particular focus (e.g., indigenous well-being) and who share information/news, as well as training opportunities and resources with the other staff members. This informal training has helped to create a body of resources to draw upon and assist students from a variety of backgrounds.

WHAT HAS IT BEEN LIKE TO RELOCATE TO PURSUE YOUR TRAINING?

(JW) The transition from Calgary to Vancouver was a relatively painless one (one U-Haul and many audiobooks). I think knowing that the internship is only for one year helps reframe the relocation as an opportunity to try out a different city and to make the most of activities in your temporary home (e.g., in Vancouver, trying as many restaurants as possible, spending time in the mountains or on the ocean, and trying to catch sightings of celebrities filming in Hollywood North). For me, I think relocating after internship might be the trickiest part as I will have only just begun to get to know Vancouver and building new friendships here.

WHAT HAS BEEN THE HIGHLIGHT OF YOUR TRAINING THUS FAR?

(JW) For me, there have been two highlights so far in training. First, I was invited to assist in redesigning the anxiety group manual for the centre. This has meant that I have received supervision in constructing a group for the student population and will later get to pilot and re-evaluate the group to be used in an on-going basis. Second, I was able to take on the role of co-facilitator for the disordered eating group and learn more about appropriate interventions for this concern, as well as receive valuable supervision in implementing these techniques.

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INTERNSHIP

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(FC) My highlight has been the supportive supervision I have received from all three of my supervisors. It has been an incredible opportunity to have consistent supervision throughout the internship. At first it was a bit daunting, as all three supervisors have different approaches, but I have come to appreciate the different viewpoints and theoretical models that they all come from. It has helped me gain a greater appreciation of the diverse nature of psychological practice. Another highlight is providing supervision. Part of the supervision support we receive is what is referred to as “supervision of supervision”. I have appreciated these meetings as I have had the opportunity to share and receive support from other clinicians who are currently providing supervision to counselling trainees. Personally, I enjoy contributing to the development of other practitioners in the field of counselling and psychology and found that providing supervision was definitely a meaningful endeavor.

WHAT ARE YOUR INTENDED NEXT STEPS FOR YOUR CAREER FOLLOWING INTERNSHIP?

(JW) For me, I am aiming to finish my doctoral thesis and then continue the registration process in Alberta (e.g., EPPP, ethics oral). In the future, I hope to seek a post-doctoral fellowship or faculty position in a Counselling Psychology program or, continue to work as a psychologist in a university counselling centre.

For more information - please contact:

Jon Woodend, MSc jon.woodend@ubc.ca
& Fred Chou MA, RCC, CCC fred.chou@ubc.ca

Photo taken by UBC students' Hover Collective, UBC_20160926_0



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INTERNSHIP

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SITE PERSPECTIVE

DR. KIRK BECK

Associate Director, Director of Training
Counselling Services
University of British Columbia

1) Who are you and what is your role in training interns in the Pre-Doctoral Internship at the University of British Columbia, Counselling Services?

My name is Kirk Beck and I have lived in Vancouver for most of my life. I was born and raised in Halifax, Nova Scotia. I completed my doctoral degree at UBC in Counselling Psychology in 2000, and have been a registered psychologist in BC since 2002. Interestingly, I completed my internship at UBC Counselling Services in 1998 and have remained here ever since. I truly value working at UBC – working with our diverse student population and our multidisciplinary and talented staff and supervisors. I have been an active committee member of the College of Psychologists of British Columbia over the years - serving 7 years on the Inquiry Committee and 6 years on the Quality Assurance Committee.

As Director of Training, I am responsible for the design and implementation of our master's practicum and pre-doctoral internship programs. Core responsibilities include recruitment, facilitating training orientation, coordinating supervision, and supporting progress toward

intern goals and those of our program. I work with the training committee and staff to evaluate the training program with the goal of continuous improvement. This includes review of policies and procedures to ensure adherence to academic requirements, training standards, and registration criteria.

2) What kinds of experiences can counselling psychology doctoral students expect to obtain if they were to take part in this internship?

Our internship training program provides a range of supervised clinical experience combined with didactic training to support program goals.

Core experiential clinical activities include individual and group counselling, emergency assessment, crisis intervention and referral, outreach activities, as well as providing supervision to master's level counsellors.

Interns are scheduled time for administrative activities such as writing case notes, treatment planning, and collaborating with other professionals on and off campus. Interns receive 4 hours per week of face-to-face, individual supervision from registered psychologists. Didactic training on a broad range of topics is provided in the context of weekly case consultation and group supervision meetings. The type of service activity and the amount of time spent in each of these areas are carefully developed to provide a balance between acquiring experience and the opportunity to receive training, as well as meeting academic and licensure requirements across Canada. Intern activities are consistent with the typical duties of a counsellor/psychologist in a university counseling center setting. As part of our commitment to the scientist-practitioner model, we actively support intern's involvement in professional development and education to attend conferences, workshops, and/or for dissertation work/defense.

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INTERNSHIP

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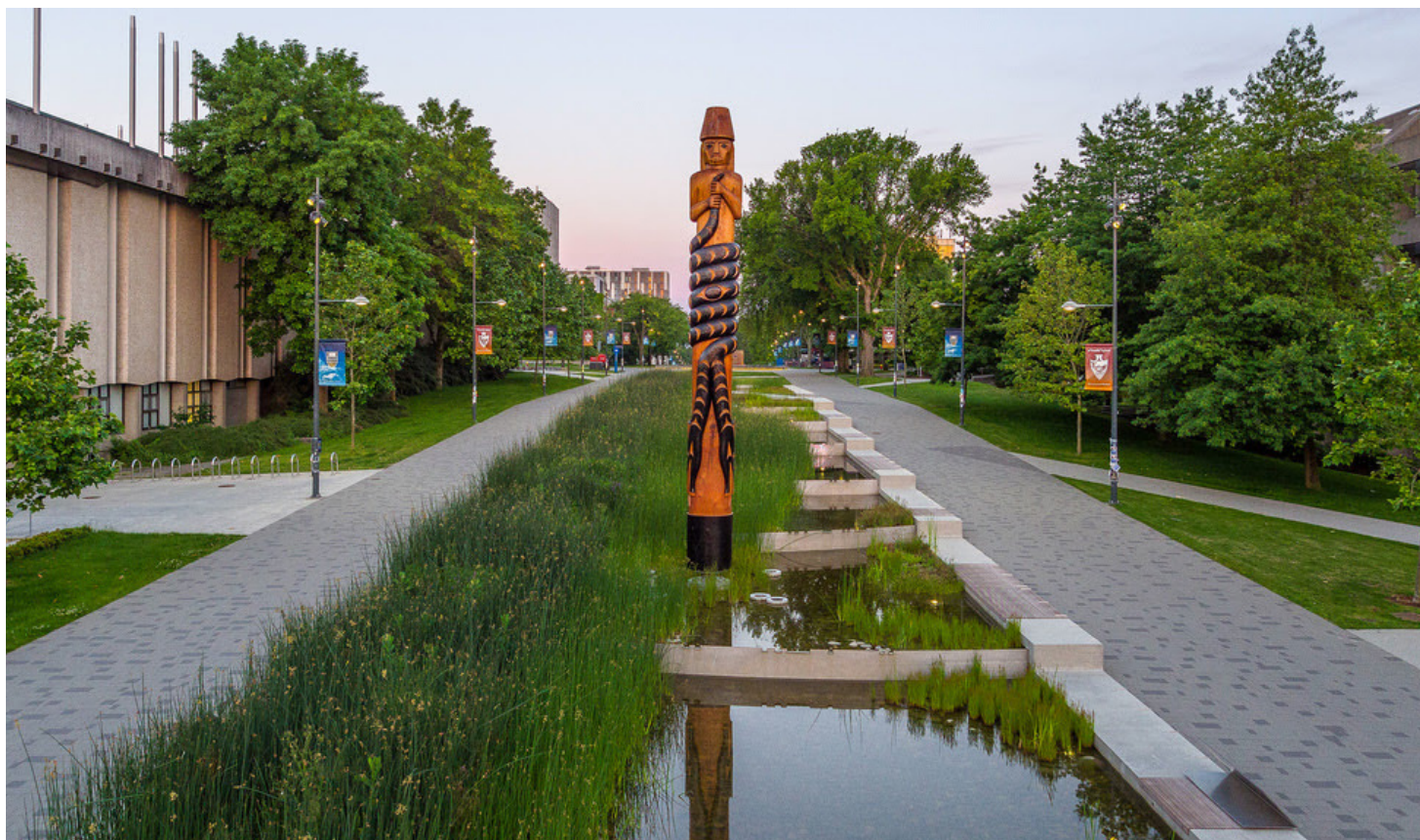


Photo presented with permission from University of British Columbia

3) What qualities, education, and/or experiences are you looking for when you are evaluating applicants for the pre-doctoral internship at UBC Counselling Services?

In general, we are seeking applicants whose education and training, clinical experience and skill, goals, and professional/career interests are most compatible with the overarching goals of our program and the training we provide. More specifically, we are seeking interns who are (1) interested in and committed to working in a university counselling context, utilizing an intentional, primarily short term therapy model embedded within a multidisciplinary, collaborative, stepped care paradigm; (2) strong interpersonal skills, and interest/skill in working within our multidisciplinary team; (3) ability to explore one's sense of self, have the capacity to self-reflect, and use one's self-awareness effectively to further personal and professional growth; (4) energy to flexibly manage the professional demands of a challenging caseload while maintaining positive and healthy perspectives and relationships; (5) self-motivation, self-direction, and commitment to high professional ideals; (6) commitment to diversity and issues pertinent to all dimensions of diversity within the student population; and (7) excellent oral and written communication skills. We strive for a well-qualified and diverse intern class who bring areas of strength or skill to our internship program that fit within the services that we provide. We prioritize applicants from CPA Accredited Doctoral Programs and with the requisite clinical training and experience to effectively work with the complexity of client presentations that we see in our centre.

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INTERNSHIP

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4) Following the pre-doctoral internship year, where have interns secured employment and in what types of positions?

By the end of the internship, interns are prepared for independent practice and commonly achieve employment as practitioners in private practice, community mental health centers, health maintenance organizations, university/college counselling centers, and/or as adjunct/faculty members in academic departments. Interns who have graduated from our program have been successful in achieving licensure in Canada and the United States.

5) What is the history of your internship program?

Our pre-doctoral internship has been providing training to interns for the past 20 years, with a minimum of two intern positions offered each year.

Former interns have represented various counselling and clinical psychology academic programs across Canada. In 2010, Counselling Services received permanent funding for two additional pre-doctoral positions bringing the total to four funded intern positions each year.

6) What is unique about your internship program?

UBC utilizes a Collaborative, Stepped Care approach to service delivery, providing a broad range of services and resources to a highly diverse young adult/adult university student population. The Vancouver campus has a large student body of approximately 53,000 students including 42,986 undergraduates and 9,735 graduate students. There are 13,189 international students from 155 countries and approximately 1000 Indigenous students. The campus has 4864 faculty and 9,250 staff and is home to 18 Faculties, 12 Schools and 2 Colleges. UBC

collaborates with community, industry, government, and university partners to provide enriched educational experiences for students. The UBC student population provides an incredibly rich and diverse clinical training experience to meet our training goals and objectives.

Year to year interns commonly highlight the richness of clinical experience and report feeling prepared to work in a broad range of contexts.

7) Your program is in the process of seeking accreditation from the CPA. From your perspective of someone who is involved in the training of psychologists, why should students complete their pre-doctoral internship at a CPA-accredited site?

We are very excited about the prospects of achieving CPA accreditation in 2018 and we keenly await our site visit this summer. Accreditation is important for a number of reasons: (1) Accreditation identifies and helps ensure that a particular program meets the highest standards that are considered important for professional psychology training; (2) Graduating from an accredited internship program facilitates the licensure/registration process; (3) Many employers prefer individuals who have graduated from accredited doctoral and internship programs.

8) What are the benefits of applicants completing your internship program?

Our internship program provides advanced clinical training and supervision in a multifaceted university counselling centre. Our interns work with a diverse student population across a broad range of mental health and wellness concerns. Given the complexity of many of the client presentations, interns get extensive exposure to risk assessment and management. As such, interns gain advanced clinical skills to be versatile to serve clients across a broad range of concerns and settings. In the pro-

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INTERNSHIP

vision of client care, interns work with many professionals on and off campus such as faculty and staff, academic advisors, accessibility advisors, physicians, and psychiatrists. Consequently,

interns complete our training program with specific competencies
in providing collaborative care.

Graduates from our program report being well-prepared for independent practice, and that the breadth and depth of their training with us has made them competitive to secure employment, and be successful in achieving licensure.

For more information on this internship, please contact

Kirk Beck Ph.D., R.Psych.

Associate Director, Director of Training, Counselling Services
The University of British Columbia, Vancouver Campus

kirk.beck@ubc.ca



Vancouver beaches,, arial view, Fotolia

APPS FOR THAT

Whether we see it as a supplement to therapy, or as a light form of entertainment, self-help apps are certainly being well used among today's clientele. Here are some recently used by our members .



HeadSpace

Using this app might help to encourage meditation, mindfulness and self-reflection. It has a free 10-day program that can be downloaded for use away from wifi. Extended modules come at an additional cost but might be appealing for regular users.

QualityTime

This app aims to track phone use and provides reports on total usage, screen unlocks, and the contents of your "digital diet". Use this app to increase awareness of what you're doing and how much time you're spending on each task. Consider using its features to schedule alerts and technological time-outs.



The Graduate Pan-Psychology Partnership

The GPPP is a grassroots student organization founded at the University of Calgary. In this piece, we present readers with a brief history of the organization, while demonstrating how students can, in partnership with university stakeholders, create a difference through social entrepreneurship.

The Graduate Pan-Psychology Partnership (GPPP) is a grassroots student organization founded at the University of Calgary

Art Assoiants (3rd year MSc Counselling Psychology) and Jacqueline Beatch (4th year PhD Clinical Psychology) met in April 2016. Both early in their graduate student careers, they reminisced about the stress and insecurity surrounding graduate school applications. They had each benefited from having a mentor guide and support them through the process of finding, applying for, and beginning graduate school. However, they quickly came to the realization

that no such mentorship program between undergraduate and graduate students in Psychology existed at UCalgary, and took it upon themselves to create one. In May 2016, Laura Flanigan (2nd year PhD School and Applied Child Psychology) joined the project, and together, they developed the Psychology Mentorship Program (PMP).

The PMP matches undergraduate psychology students in their third or fourth year to graduate students in their programs of interest within the Department of Psychology (i.e., Clinical and Experimental Psychology) or Werklund School of Education (i.e., Counselling and School and Applied Child Psychology). The first year of

the program was a great success, with about 30 mentor-mentee pairs and positive feedback from participants and faculty. From the start, Art, Jacquie, and Laura infused a formal program evaluation practice into the PMP, and presented the first year outcomes at the Psychologists' Association of Alberta conference, Alberta Connects. The PMP is now in its second year, and the number of mentor-mentee pairs has almost doubled.

In addition to the need for support and community between graduate and undergraduate students, the co-founders of the PMP identified a second gap within the UCalgary psychology community. Namely, graduate students felt isolated and



The GPPP's 2017-2018 Executive Committee

Left to right; back row: Art Assoiants [Co-President, Werklund], Emilie Lacroix [Co-Vice President Mentorship, Psychology], Brad Lewis [Vice President Secretary and Finance];
Front row: Jessica Baraskewish [Vice President Communications], Jacqueline Beatch [Co-President, Psychology], Laura Flanigan [Co-Vice President Mentorship, Werklund]

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separated, both within their own psychology streams and between departments. The team sense there being an undesired divide, with occasional competitiveness and distance among graduate students. With the recent launch of UCalgary's Campus Mental Health Strategy, the trio recognized the need to create environments conducive to student wellbeing and thriving. They hosted two Town Hall meetings for graduate students who were interested in changing the graduate psychology environment. Three new students joined the effort: Brad Lewis (1st year MSc Counselling Psychology), Jessica Baraskewich (1st year PhD School and Applied Child Psychology), and Emilie La-croix (1st year PhD Clinical Psychology). In October 2017, our current team ratified the Graduate Pan-Psychology Partnership through UCalgary's Graduate Students' Association (GSA). We structured the Executive Committee to reflect the organization's values: participation and collaboration. Thus, Presidency will always be shared between two members, one from the Department of Psychology and one from the Werklund School of Education. The PMP is housed under the GPPP, with the two Vice Presidents of Mentorship sharing responsibility for the PMP between said departments.

The GPPP's vision statement is "Opportunity Through Community." As such, the goal of this organization is to unify psychology graduate students and provide opportunities for social connectedness and academic learning that would not have otherwise existed. Our organization's first event in 2017 was a panel hosted for psychology undergraduate students, where graduate student representatives from each psychology program -

The PMP matches undergraduate psychology students in their third or fourth year to graduate students in their programs of interest within the Department of Psychology (i.e., Clinical and Experimental Psychology) or Werklund School of Education (i.e., Counselling and School and Applied Child Psychology).

(i.e., Clinical, Experimental, Counselling, and School and Applied Child Psychology) spoke about the details of applying for entry into the program and their experiences therein. We have also hosted a number of social events including pub nights with the help of the GSA's Last Defense Lounge. The highlight of our academic year was an interdisciplinary conference called Minds on Display, where over 30 students from both departments presented posters and networked. We held this event, non-coincidentally, at the Hunter Hub for Entrepreneurial Thinking. Our team is fortunate to have been supported by the Department of Psychology and

the Werklund School of Education in this endeavour. A small number of students also participated in UCalgary's Community Cleanup this spring.

As our team transitions into the third year of the PMP and second year as a ratified organization, we hope to continue to build on our successes and learn from our mistakes. We hope to leave a legacy of participatorily creating environments of connection, belonging, and opportunity. We also wish to continue embedding program evaluation practices to iteratively both learn from our work and make program improvements as we go.

Should any student or university stakeholder wish to reach out to this year's Executive Committee to learn more about the work of the GPPP or for help in creating contextually-appropriate versions of the GPPP on their campus, we would be happy to consult.

After all, we are all in it together, and creating psychosocially healthy environments for learning, growing, and developing is a task to be shared by us all.



International Council of Psychologists ICP

76TH Annual ICP Convention “Human Rights, Dignity and Justice”

JUNE 23 -25, 2018



Montreal, Quebec, Canada
 Delta Hotel Montreal, 475 President Kennedy Avenue
 Montreal, Quebec H3A 1J7 Canada

CALL FOR PROPOSALS

In a world of growing economic inequality, global migration, refugee crises, and persistent human rights violations, the 2018 ICP theme addresses psychologists' contributions to human well-being and resilience globally through our science, practice, and advocacy.

Theme: human Rights, Dignity and Justice

Subthemes:

Cross-Border Collaborations

Global Mental Health

Diversity and Equity

Psychology and Leadership

Displacement, Migration & Refugees

Indigenous Rights

Important Dates

December 15, 2017-Submission for Expedited Review

(Notified by February 15)

February 1 - Final Submission Deadline

See <http://www.icpinc2018.org> for detailed information & to submit a proposal.

Send questions about the Scientific Program to nporter@alliant.edu

Send other questions about the convention logistics to ada.sinacore@mcgill.ca

COUNSELLING PSYCHOLOGY
Section of the CPA

CANADIAN
PSYCHOLOGICAL
ASSOCIATION



SOCIÉTÉ
CANADIENNE
DE PSYCHOLOGIE

PSYCHOLOGIE DU COUNSELING
Section de la SCP

Hello.



Have you heard about the...

2018 Canadian Counselling Psychology Conference?

Advocating for ourselves, advocating for our community:
Canadian counselling psychology into the next decade and beyond



UNIVERSITY OF CALGARY
WERKLUND SCHOOL OF EDUCATION



2018 CANADIAN COUNSELLING PSYCHOLOGY CONFERENCE

University of Calgary - October 26 to 28, 2018

**We are pleased to be hosting
a counselling psychology event!**

This conference will expand upon the Inaugural Canadian Counselling Psychology Conference held in Montreal, QC in 2010. This event will include a strong focus on community engagement, helping us improve the manner in which we may want to reach out to the different groups that we work with. It will also help us unite as counselling psychologists across various disciplines and settings. The conference will centre on areas of interest and concern that are currently impacting different members within our profession.

To learn more about this conference,
please visit our website:

www.werklund.ucalgary.ca/ccpc

Also, look for and use:
#2018CCPC



UNIVERSITY OF CALGARY
WERKLUND SCHOOL OF EDUCATION

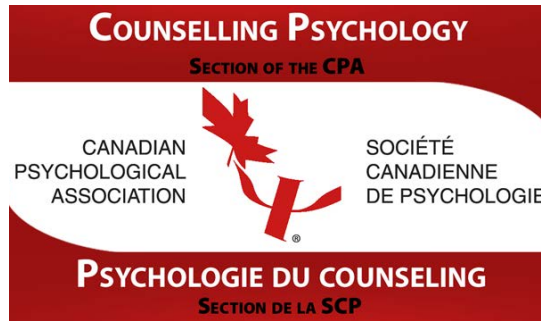
CONTACT THE EDITOR

It has been a pleasure putting together this edition of Kaleidoscope (our biggest so far)! I am sending my thanks to all who contributed, and I am inviting all of our members to send in their ideas, stories & suggestions for our October edition. Hope to see you at ICAP 2018. Best wishes & thanks!
janet

Dr. Janet Miller
jbmiller@mtroyal.ca
Counsellor & Professor
Mount Royal University



REMEMBER TO VISIT OUR BLOG www.cpacounselling.wordpress.com



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2018 - Issue 2

CPA Counselling Psychology Section
Newsletter submissions: jbmiller@mtroyal.ca

MAY 2018

KALEIDOSCOPE

Newsletter of the **Counselling Psychology Section**
Canadian Psychological Association



Questions, Comments, Suggestions or Feedback?

Please contact us:

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NEWSLETTER EDITOR - Dr. Janet Miller - jbmiller@mtroyal.ca